

PROMOTION RECOMMENDATION  
The University of Michigan  
School of Social Work  
Medical School

Approved by the Regents  
May 14, 2009

Joseph A. Himle, assistant professor of social work, School of Social Work, and assistant professor of psychiatry, Medical School, is recommended for promotion to associate professor of social work, with tenure, School of Social Work, and associate professor of psychiatry, without tenure, Medical School.

Academic Degrees:

B. A.	1983	Psychology, University of Michigan
M.S.W.	1984	Interpersonal Practice, University of Michigan
Ph.D.	1995	Social Work and Psychology, University of Michigan
Internship	1984	Graduate Training, University of Michigan

Professional Record:

2003-present	Assistant Professor, University of Michigan, School of Social Work
2003-present	Assistant Professor, University of Michigan, Department of Psychiatry
1999-2003	Assistant Clinical Professor II, University of Michigan, Department of Psychiatry
1996-1999	Assistant Clinical Professor I, University of Michigan, Department of Psychiatry
1995-1999	Social Work Specialist, University of Michigan, Department of Psychiatry, Anxiety Disorders Program
1991-1996	Lecturer, University of Michigan, Department of Psychiatry
1991-1995	Senior Clinical Social Worker, University of Michigan, Department of Psychiatry, Anxiety Disorders Program
1988-2003	Adjunct Lecturer, University of Michigan, School of Social Work
1987-1991	Clinical Social Worker II, University of Michigan, Department of Psychiatry, Anxiety Disorders Program
1987-2008	Field Instructor, University of Michigan, School of Social Work
1986-1987	Clinical Social Worker I, University of Michigan, Department of Psychiatry, Anxiety Disorders Program
1985-1986	Caseworker, Family Service Agency of Genesee County, Clint, MI

Summary of Evaluation:

Teaching: Integral to the mission of the School of Social Work, teaching is certainly one of Professor Himle's areas of expertise. His extensive clinical/practical and research experience in applied social work allows him to bring this experience into the class room, adding value to the student experience.

His social work teaching experience spans the two decades of his practice work, during which he held an adjunct appointment. His teaching includes work with both masters and doctoral level

students. Professor Himle has taught a variety of classes in the School of Social Work, including required M.S.W. courses and specialized courses.

Consistently receiving excellent reviews from School of Social Work students, and ranked among the top tier of instructors throughout the University, Professor Himle teaches coursework across a broad range, including courses in both practice and research, and course ranging from introductory level to doctoral courses. Additionally, since being promoted to assistant professor, he has mentored doctoral-level students, and serves on preliminary and dissertation committees.

Professor Himle's educational portfolio is remarkable for his work initiating and enhancing evidence-based psychotherapy training for Psychiatry's residency and other departmental training programs. It is hard to underestimate his contributions through Psychiatry's CBT Mentorship program, his core curriculum teaching and his ongoing supervision of staff and trainees. His service to Psychiatry, including the Psychotherapy Training Committee, as well as his administrative leadership of the Anxiety Disorders Clinic is meaningful.

Research: The hallmark of his research portfolio is its combination of theoretical sophistication with applicability to real-world issues. His work is built on a strong interdisciplinary framework, and his joint appointment is appropriate given his strength in bridging the two fields. His work is technically and methodologically sound, and the illuminating results contribute to growth across several fields of effort.

Professor Himle's research endeavors explore the connections among cognitive behavioral therapy, psychophysiology, and functional neuroanatomy. He is part of a very exciting and productive group of researchers in Psychiatry and they view his contributions as co-investigator as crucial to their success.

With a focus on the treatment of anxiety and depression, his work is often reported in journals of psychiatry. However, his work is accessed by clinical social workers, and he has published in top-tier social work journals as well. His publication record is exceptional, with fifty peer-reviewed articles, fifteen chapters in books, one co-authored book, three non-peer-reviewed articles, and over one hundred conference papers and posters. Professor Himle completed a third of these articles and half of these chapters since his appointment in the School of Social Work.

In addition to the rigor of his research, he is adept at securing research funding, having served as principal investigator on two and co-investigator on five National Institute of Mental Health grants, among other research activities.

Recent and Significant Publications:

Himle, J.A., Perlman, D., & Lokers, L. (in press). Prototype awareness enhancing and monitoring device for trichotillomania. *Behaviour Research and Therapy*.

Tolman, R., Himle, J., Bybee, D., Abelson, J., Hoffman, J., & Van Etten-Lee, M. (in press). Impact of social anxiety disorder on employment among women receiving welfare benefits. *Psychiatric Services*.

- Gloster, A.T., Richard, D.C.S., Himle, J.A., Koch, E., Anson, H., Lokers, L., & Thornton, J. (in press). Accuracy of retrospective memory and covariation estimation in patients with obsessive-compulsive disorder. *Behaviour Research and Therapy*.
- Himle, J.A., Muroff, J.R., Taylor, R.J., Baser, R.E., Abelson, J.M., Hanna, G.L., Abelson, J.L., & Jackson, J.S. (in press). Obsessive-Compulsive Disorder among African Americans and Blacks of Caribbean Descent: Results from the National Survey of American Life (NSAL). *Depression and Anxiety*.
- Muroff, J.R., Jackson, J.J., Mowbray, C.T., & Himle, J.A. (2007). Gender, patient volume and time on clinical diagnostic decision-making in the psychiatric emergency setting (PES). *General Hospital Psychiatry, 29*, 481-488.
- Himle, J.A., Bivens, N.C., Wu, X., Roe, C.A., Hennessey, K.A., Dickel, D.E., Leventhal, B.L., & Cook, E.H. (2007). Evidence for a susceptibility locus on chromosome 10p15 in early-onset obsessive-compulsive disorder. *Biological Psychiatry, 62*, 856-862.
- Howard, M.O., Himle, J.A., Jenson, J.M. & Vaughn, M.G. (in press). Revisioning social work clinical Education: Recent developments in relation to evidence-based practice. *Journal of Evidence-Based Social Work*.
- Himle, J.A., Fischer, D.J., Van Etten, M.L., Muroff, J., Crumpton, L., Hanna, G.L., & Abelson, J.A. (2006). Videoconferencing-based cognitive-behavioral treatment of obsessive-compulsive disorder. *Behaviour Research and Therapy, 44*, 1821-1829.
- Dickel, D.E., Veenstra-VanderWelle, J., Bivens, N.C., Wu, X., Fischer, D.J., Van Etten-Lee, M., Himle, J.A., Leventhal, B.L., Cook, E.H., & Hanna, G.L. (2007). Association studies of serotonin system candidate genes in early-onset obsessive-compulsive disorder. *Biological Psychiatry, 61*, 322-329.
- Himle, J.A., Van Etten, M.L., Janeck, A.S., & Fischer, D.J. (2006). Insight as a predictor of outcome in behavioral group treatment for obsessive-compulsive disorder. *Cognitive Therapy and Research, 30*, 661-666.

Service: Professor Himle has an outstanding service history, and his teaching and research experience is reflected in his service to the School of Social Work, the University, and a range of professional organizations. In addition to other service commitments, in 2008 he chaired the School of Social Work's Field Advisory Committee, its Health/Mental Health Concentration Committee, served as an Alumni Board of Governors member, and sat on the Continuing Education Committee. He has previously served as an elected member of the School's Executive and Adjunct Advisory Committees, as well as holding membership on the Curriculum Committee. Professor Himle was also just appointed co-director of the Curtis Research & Training Center in the School.

At the national level, Professor Himle serves as a grant reviewer for the United States Department of Veterans' Affairs, and has reviewed grants for the National Institute of Mental Health. He has also served on three editorial boards for leading social work research journals.

External Reviews:

Reviewer (A) "[Professor Himle] is a person of significant scholarly ability and achievement. Close analysis of his research reveals a high level of care, thought and technical competence ...Evidence related to his teaching indicates that he is an engaged and dedicated teacher with high teaching ratings..."

Reviewer (B) “[Together] these articles demonstrate that Assistant Professor Himle has expertise in a range of methodologies and is able to appropriate [sic] select and use research methods that best answer the question to be addressed. His work is theoretically driven and is well grounded in the existing research literature. His reporting of findings and discussion of implications demonstrates understanding of the complexity of issues that are being addressed. In all, I find that his scholarship has considerable breadth and is scientifically sound.”

Reviewer (C) “I also found his work highly creative and innovative...I found his work not only meeting the highest scientific standards, but also the direction he is currently moving in terms of his research extremely exciting. His use of knowledge from other fields to better serve highly vulnerable populations truly exemplifies the best in social work practice.”

Reviewer (D) “Dr. Himle conceptualizes his work in an interdisciplinary manner, drawing from theories in psychiatry, psychology, and social work. I was impressed with his familiarity of the diverse bodies of knowledge that contribute to his own work. He has integrated disparate knowledge bases in a way that is clearly advancing his own work.”

Reviewer (E) “Dr. Himle’s work reflects his continuing commitment to applied research with real-world impact, to making effective treatments more readily available, to examining psychiatric problems and their effects in underserved populations, and his interests in testing and then disseminating empirically supported treatments...Indeed Dr. Himle provides us with one of the best examples in the field today of how good clinical practice influences the development of next-stage research ideas and how this research then influences direct patient care...”

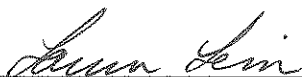
Reviewer (F) “[In conclusion,] Dr. Himle’s scholarly activity including his grant work and publications is both promising and purposeful. These activities create the groundwork for helpful partnerships and strong referential support that explores significant and novel areas of professional development.”

Reviewer (G): “The quantity and quality of Dr. Himle’s research rank him, in my view, in the top 10-20% or so nationally of those who are at his stage of promotion in instructional tracks at major research universities. First, the sheer quantity of Dr. Himle’s scholarship is impressive. Dr. Himle’s scholarship is also superb. It is methodologically solid and tightly argued, with awareness of the history behind an idea of the limitations of the research. His research clearly demonstrates...national recognition and work that is taken seriously by and impacts the field judging not only by its intrinsic qualities—see below—but also by the recognition implicit in the excellent journals in which the work is published...”

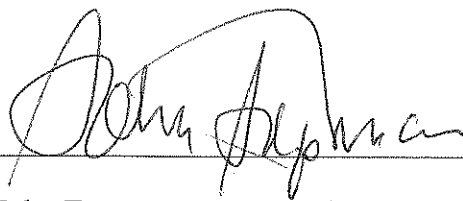
#### Internal Reviews:

Upon opening the review process to School of Social Work faculty, three internal letters of review were submitted. All three were tremendously supportive of Professor Himle’s work and his promotion and tenure at the School of Social Work. Additionally, the School of Social Work Tenure and Promotion Committee and the Medical School Executive Committee both voted unanimously to approve and recommend this promotion.

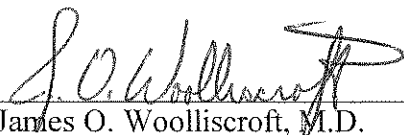
Summary of Recommendation: Professor Himle is an outstanding interdisciplinary researcher and scholar, who is establishing a national and international reputation for his work, and successfully bridging the fields of social work and psychiatry. He is an excellent and experienced teacher, and a mentor for post-doctoral, doctoral and masters students. Finally, Professor Himle's service to the School of Social Work, the Department of Psychiatry, the University and the professional community is excellent. Accordingly, we the undersigned recommend Joseph Himle, for promotion to associate professor of social work, with tenure, School of Social Work, and associate professor of psychiatry, without tenure, Medical School.



Laura Lein, Ph.D.  
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School of Social Work



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